

BURGERS

BURGERS SERVED WITH FRIES AND PICKLES.
EXTRA CHEESE - \$0.50 EXTRA TOMATOES - \$.50 SIDE MAYO - \$0.50

JUICY LUCY BURGER *

Two juicy patties with cheddar, lettuce, tomato, and onions.

BACON JAM BURGER *

Lettuce, tomato, cheddar cheese, and bacon jam.

\$14

JUEVOS DE VACA BURGER *

Fried egg, Spicy Ranch, cilantro, fried jalapeno wheels, and lettuce.

MUSHROOM SWISS BURGER *

Grilled mushrooms, melted swiss cheese, and a mustard aioli

CLASSIC CHEESEBURGER *

Lettuce, tomato, onion, and cheddar cheese.

\$12

WRAPS & SUBS

BUFFALO CHICKEN WRAP

Boneless buffalo wings, romaine, tomatoes, and Bleu Cheese dressing.

HONEY BBQ CHICKEN WRAP

Boneless honey BBQ wings, romaine, tomatoes, and Ranch dressing.

\$9
WRAP

PHILLY CHEESESTEAK SUB

Choice of steak or chicken. Peppers, mushrooms, and onions available. Choice of cheese.

BUFFALO CHICKEN SUB

Boneless buffalo wings, romaine, tomatoes, and Bleu Cheese dressing.

HONEY BBQ CHICKEN SUB

Boneless Honey BBQ wings, romaine tomatoes, and Ranch dressing.

SUB
\$6
HALF
\$12
WHOLE

BAHN MI SUB

Grilled chicken or shaved steak marinated in Sweet Thai Chili, shredded carrots, cilantro, pickled cabbage, romaine, & spicy peanut dressing.

EXTRA CHICKEN - \$3.00 EXTRA TOMATOES - \$.50 SIDE MAYO - \$0.50

GREENS

HONEY GINGER CHICKEN SALAD

Spring mix, fried boneless chicken, pickled red cabbage, sliced almonds, and mandarin oranges.

BAHN MI SALAD

Grilled chicken or shaved steak marinated in sweet thai chili, shredded carrots, pickled cabbage, cilantro, romaine, and spicy peanut dressing.

BUFFALO CHICKEN SALAD

Boneless buffalo wings, romaine, tomatoes, croutons, and Bleu Chese dressing.

\$13

GRILLED CHICKEN CAESAR SALAD

Grilled boneless chicken wings, romaine, parmesan cheese, and croutons.

CAESAR OR HOUSE SALAD

Add 2 pc. of fried or grilled chicken - \$3

\$5.50 / \$10
HALF WHOLE

DRESSINGS: BLEU CHEESE, CAESAR, BALSAMIC VINAIGRETTE, RANCH, THAI PEANUT, HONEY GINGER, SWEET THAI CHILI, SESAME ORIENTAL



WINGS ARE HAND CUT, FRESH DAILY!

NEWMARKET, NH

96 MAIN STREET
NEWMARKET, NH

PORTSMOUTH, NH

2100 LAFAYETTE ROAD
PORTSMOUTH, NH

HAMPTON, NH

603 LAFAYETTE ROAD
HAMPTON, NH 03842

DOVER, NH

274 CENTRAL AVENUE
DOVER, NH 03820



603-436-9464

WWW.WING-ITZ.COM

ONLINE GIFT CARDS
AVAILABLE!

MUNCHIES

HAND CUT, DOUBLE COOKED BASKET OF FRIES

YELLOW CURRY MAYO - \$1
TRUFFLE SALT & HERB - \$1
FIRE CIDER FRIES - \$1
CHILI RANCH - \$1
BACON JAM - \$1

\$5
HALF
\$7.75
WHOLE

CAULIFLOWER BITES

YOUR CHOICE OF SAUCE,
BLEU CHEESE
OR RANCH,
WITH CELERY

\$10

FRIED JALAPENO WHEELS

POTATO CHIPS

FRIED PICKLES

SWEET POTATO CHIPS

\$7.75

WINGS

5 PIECE **\$7.75**

10 PIECE **\$15.00**

15 PIECE **\$22.50**

20 PIECE **\$30.00**

25 PIECE **\$37.50**

30 PIECE **\$42.00**

EXTRAS

EXTRA SAUCE ON SIDE - \$1
EXTRA CELERY - \$1
EXTRA RANCH - \$1
EXTRA BLEU CHEESE - \$1

CHOICE OF 2 SAUCES ON ORDERS
OF 10 OR MORE, AT NO CHARGE.

WE USE GF CORN FLOUR FOR OUR
BONELESS WINGS.

WE DO NOT COOK ANY GLUTEN
PRODUCTS IN OUR FRYERS.

ALL WINGS ARE SERVED WITH BLEU
CHEESE OR RANCH & CELERY.

BONELESS

5 PIECE **\$8.75**

10 PIECE **\$16.50**

15 PIECE **\$24.75**

20 PIECE **\$33.00**

25 PIECE **\$41.25**

30 PIECE **\$46.50**

SAUCES & RUBS

MILD

GF BBQ

GF HONEY BBQ

TERIYAKI

GF GARLIC PARMESAN

GF BLUEBERRY CHIPOTLE BBQ

SESAME ORIENTAL

GF HONEY MUSTARD

GF BACON BBQ

GF HONEY GINGER

BUFFALO

MILD

MEDIUM

HOT

WICKED HOT

EL DIABLO

ALL BUFFALO SAUCES ARE

GF

GF JAMAICAN JERK DRY RUB

GF LEMON PEPPER RUB

GF CAJUN RUB

HOT

HOT BBQ **GF**

CHILI GARLIC **GF**

HOT TERIYAKI

CAJUN

SWEET THAI CHILI **GF**

THAI PEANUT SAUCE

HOT HONEY **GF**

SWEET SIN **GF**

MANGO HABANERO BBQ **GF**

PHANTOM

KIDS MENU

ALL KIDS COMBOS INCLUDE
FRIES OR CHIPS

GRILLED CHEESE **\$7**

CHICKEN FINGERS **\$7**

HOT DOG **\$7**

HAMBURGER **\$7**

LUNCH COMBOS

MON THRU FRI: 11AM - 3:30PM

SERVED WITH FRIES OR CHIPS, SODA/WATER, &
BLEU CHEESE OR RANCH.

#1 CHICKEN WRAP W. ANY SAUCE **\$13**

#2 BUFFALO CHICKEN SUB **\$15**

#3 5 BONELESS WINGS **\$15**

#4 5 BONE-IN WINGS **\$14**

#5 HALF PHILLY SUB **\$12**



WE PROUDLY USE FRESH (NEVER FROZEN) ALL
NATURAL CHICKEN PRODUCTS!
OUR CHICKEN IS MINIMALLY PROCESSED W. NO
HORMONES OR PRESERVATIVES ADDED. ALL
PACKAGING IS BIODEGRADABLE &
COMPOSTABLE. WE USE A VEGETABLE, SOY
BLEND OIL. OUR COOKING OIL IS DONATED AND
RECYCLED INTO BIO-DIESEL!

* CONSUMER WARNING FOR RAW FOODS:
IN COMPLIANCE WITH THE DEPARTMENT OF
PUBLIC HEALTH, WE ADVISE THAT EATING RAW
OR UNDERCOOKED MEAT OR POULTRY POSES A
RISK TO YOUR HEALTH.